

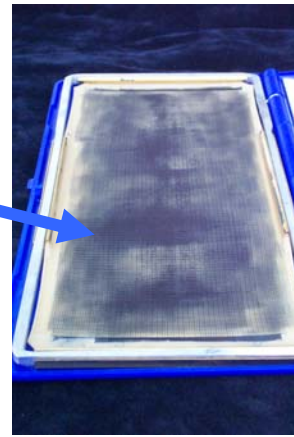
IMPRINTING THE FOOT (FOR CUSTOM INSERT ORDERS)

The Harris Mat (Foot Imprinter) is used to obtain a tracing of the foot and to identify any pressure points on the bottom of the foot. A Foot Imprinter Set (including Harris Mat, Ink Imprinter, Roller and Ink Part No.- Impkt) is available from SureFit.

The following instructions are based on an order for a pair of inserts. Adjust as needed if a single left or right insert is being ordered.

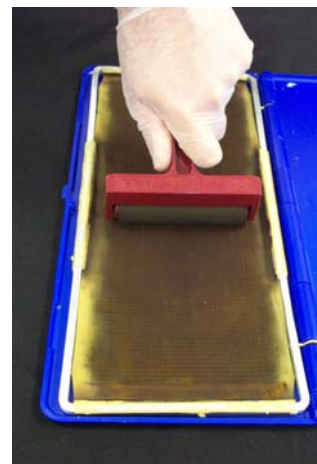
- I. PREPARATION:** Put on rubber gloves to avoid getting any ink on your hands.
- II. EXAMINATION:** Open up the foot imprinter. Inside the foot imprinter is a rubber mat that has a smooth side and a rough side with a grid or crosshatch pattern on it.
- III. INK MAT:** For the **FIRST USE** apply twelve drops of ink to the **rough crosshatched side** of the rubber mat only. The patient will not get any ink on his/her feet because he will be stepping on the smooth side of the mat only. **Do not apply ink to the smooth side of the mat or patient will get ink on his/her feet.**

Fig. 1 – Apply ink onto the ROUGH cross-hatched side of the rubber mat only.



Spread the ink out with the roller as evenly as possible, pressing firmly back and forth with the roller until the ink has been spread over the entire rubber mat. Rinse the roller off with water to remove excess ink and return to the box. **Reapply 3 drops of ink every 2-3 patients as needed when the foot imprints become too light.** It is not necessary to re-ink the imprinter for each patient.

Fig. 2 – Spread ink as evenly as possible over the entire Bladder using the roller.



IV. INSERT PAPER: Change your gloves if you have any ink on them. Insert a legal size sheet of paper on the blue cover opposite the inked rubber mat. Flip the rubber mat over such that the crosshatched ink side is face down on the paper. The smooth side of the rubber mat should be facing up.

Fig. 3 – Insert paper onto the blue cover opposite the inked rubber mat and flip over so the crosshatched side is face down on the paper.



When the patient stands on the imprinter the ink will show up on the paper that is now beneath the rubber mat.

V. STANDING AT THE MAT: Request patient stand next to a counter or chair with both feet together with the right foot closest to the counter. Place the mat on the floor next to the patient's left foot as shown in the photo below.

Fig. 3 – Utilize counter for support as needed during imprinting of the foot.



VI. TAKING THE IMPRINT: Lift patient's left foot and place in the center of the rubber mat while keeping the right foot stationary.

Fig. 4 – Foot should be placed in the center of the rubber mat, with even distribution of weight between feet for best results.



VII TRACE OUTLINE: Using a stylus pen or retractable ballpoint pen with the ballpoint retracted (so ink from the pen does not get on the rubber mat), press down and trace the outline of the entire foot. Excessive pressure is not necessary to obtain a tracing. Do not go in at the arch area or between the toes.

Fig. 5 – Pen should be held vertically, 90° from the mat.



VIII WALK OFF MAT: If possible, request patient take a step forward with their stationary foot. As weight shifts to stationary foot, the patient will lift his/her heel off the mat as they continue to walk off the mat.



Fig. 6, 7, 8 – Stepping forward with stationary foot first to walk off the mat, allows patient to roll through their normal gait sequence insuring a good impression of all pressure points is secured.

IX CHECK IMPRINT and CIRCLE PRESSURE POINTS: Remove the paper from the imprinter. Write the patient's name, practitioner's name and Account number on the imprint paper. If ordering reliefs (pockets), circle the pressure point(s) to indicate the desired position. If you want a lesion accommodated, circle the pressure area on the ink print. If the pressure area does not show up as a darker area on the ink print, place an aperture pad around the lesion and take another imprint so the area is well defined on the print.

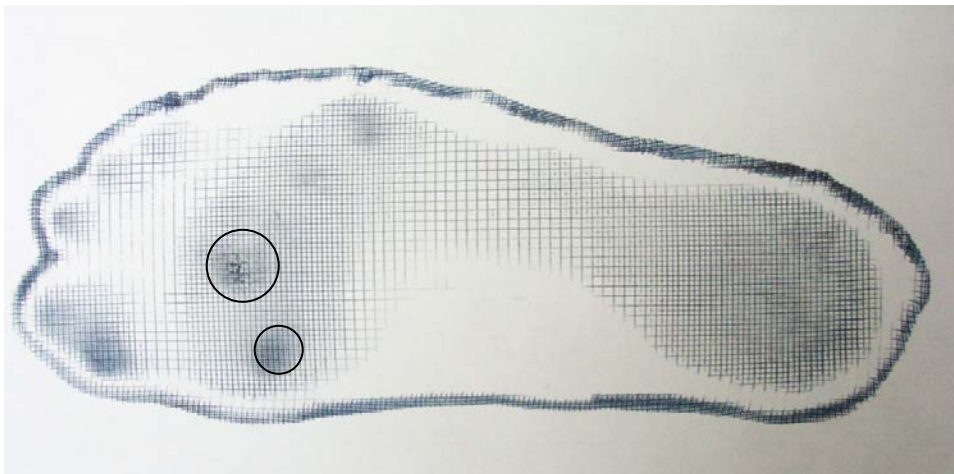


Fig. 9 – Circle pressure points on the imprint to indicate location for reliefs

X. IMPRINT OF RIGHT FOOT: If ordering a pair of inserts, place second blank piece of legal size paper in the imprinter. Flip the rubber mat to cover the new piece of paper. Turn the patient in the opposite direction and repeat steps V through IX for the right foot.

XI FOOT IMPRESSION: Take foot impression to send with paper imprints according to instructions in "TAKING THE FOAM IMPRESSION" section.